

mainstays®

**Jade Crystal
Facial Roller & Clay Mask
MX-OLIB100**

READ CAREFULLY AND KEEP THIS CARD

NOT Intended for Medical Use

This product is designed as a non-professional device for relaxation. **It is not intended to be a substitute for medical attention.** If your ailments persist or worsen after use, contact your doctor immediately.

Please consult your doctor prior to using this product if you have diabetes, poor circulation or heart disease, rheumatoid arthritis, are pregnant, or have any concerns regarding your health.

General Warnings

- THIS IS NOT A TOY, **please keep away from children.**
- Follow all instructions. Use the appliances only for their intended uses as described in this manual.
- If used improperly, this product can cause burns or frostbites. Always test the temperature before applying to the skin. Do not use for longer than 15 minutes at a time, with 20-minute breaks between applications.
- Keep away from extreme temperatures (heat or cold) and open flames.
- Supervision is recommended when this appliance is used by, on or near children or individuals with certain disabilities.
- Never operate an appliance if it is not working properly or has been dropped or damaged or is leaking.
- Keep the appliance away from heated surfaces.
- Do not operate after taking pain killers, sedatives or alcohol.
- Do not open this product or attempt to repair the unit yourself.
- Do not use on damaged or broken skin or with medical ointments.

Clay Mask Heat Therapy

1. Wrap the clay mask in a moist cloth or paper towel, and place in the center of the microwave. Microwave for 15 seconds. **Note:** if your microwave does not have a rotating turntable, you will need to flip the mask halfway through heating.
2. **Carefully touch the clay mask with your hand to test its heat level.** If it is too hot, let cool for a few minutes and check again. If it is not hot enough, microwave for another 5 seconds. Do NOT repeat more than once, or the mask may be damaged from overheating.

Clay Mask Cold Therapy

1. Place the clay mask in a freezer or refrigerator for at least 2 hours.
2. **Carefully touch the clay mask with your hand to test its coldness level.** If it is not cold enough, return and check again after another 5-10 minutes.

Instructions continued on back of page.

Storing the Facial Roller & Clay Mask

When not using for a long period of time, store the facial roller and clay mask in a cool, dry location, away from sources of water, heat or dust. They are best stored in an airtight box or bag (*not included*).

Cleaning the Facial Roller & Clay Mask

Clean the facial roller and clay mask with a soft, damp cloth, using no abrasive cleaners. Do NOT immerse in water or any type of liquid. Allow to dry before using.

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