Cleaning and Storage

Let massager cool after use before attempting to clean. Unplug the massager and remove all attachments Clean individual pieces with a damp towel, and then wipe dry with a soft cloth for storage.

Note: Do NOT let the charging port or charging adapter get wet. If anything becomes wet, do NOT power ON or plug in until completely dry for two days.

Storage

When not using for a long period of time, the massage gun should be stored away from sources of water, heat, wind, sunshine or dust. It is best stored in an airtight bag or box (not



Compliance Information

FCC Information
This device complies with Part 15 of the FCC Rules.

Caution: Any changes or modifications not expressly approved could void user's authority to operate the equipment

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate in a residential installation. The equipment generates, uses and carriadiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

Reorient or relocate the receiving antenna.

- Increase the separation between the equipment and receiver.
 Connect the equipment into an outlet on a circuit different from that to
- which the receiver is connected.

 Consult the dealer or an experienced radio/TV technician for help.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful inter-ference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Radiation Exposure Information

This device has been evaluated to meet general RF exposure requirements. The device can be used in portable exposure conditions without restriction.

Rating Label Definitions

Direct Current

This symbol represents FCC Declaration of Conformity and compliance.



This symbol signifies that the product must not be discarded as household waste, and should be delivered to an appropriate collection facility for recycling. Proper disposal and recycling helps protect natural resources, because health and the authorized productions.



This symbol signifies and declares that this equipment complies with battery charging which complies with California CEC and energy efficiency.

Warranty Information

1-Year Limited Warranty

LIMITED WARRANTY TO ORIGINAL CONSUMER
This product as supplied and distributed new by an authorized retailer is warranted by Southern Telecom, Inc. to the original consumer purchaser against defects in materials and workmanship ("Warranty") as follows:

- To obtain warranty service:

 Visit our customer support portal: www.customersupport123.com

 Select the brand and model of your device

 Select "Service Request" and fill out the form to begin your inquiry

 Exchanges require dated proof of purchase from an authorized retailer

Your product will be repaired or replaced, at our option, for the same or similar defective. Products received damaged as a result of shipping will require you to file a claim with the carrier.

Warranty service not provided

Warranty service not provided This warranty does not cover damage resulting from accident, misuse, abuse, improper installation or operation, lack of reasonable care, unauthorized modification including software modifications such as the installation of custom firmware. This warranty is voided in the event any unauthorized person opens, alters or repairs this product. All products being returned to the authorized service center. for repair must be suitably packaged.

for repair must be suitably packaged.

NO WARRANTIES, WHEITHER EXPRESS OR IMPLIED, INCLUDING, BUT NOT LIMITED TO, ANY IMPLIED WARRANTIES OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE, OTHER THAN THOSE EXPRESSLY DESCRIBED ABOVE. AND APPLY, DISTRIBUTOR FURTHER DISCLAIMS ALL WARRANTIES AFTER THE EXPRESS WARRANTY PERIOD STATED ABOVE. NO OTHER EXPRESS WARRANTY OR GUARANTY GIVEN BY ANY PERSON, FIRM OR ENTITY WITH RESPECT TO THE PRODUCT SHALL BE BINDING ON DISTRIBUTOR REPAIR, REPLACEMENT, OR REFUND OF THE ORIGINAL PURCHASE PRICE - AT DISTRIBUTOR'S SOLD SIZE OF THE CONSUMER. IN NO EVENT WILL DISTRIBUTOR OR ITS MANUFACTURERS BE LIABLE FOR ANY INCIDENTAL DIRECT, INDIRECT, SPECIAL, PUNITIVE OR CONSEQUENTIAL DAMAGES (SUCH AS, BUT NOT LIMITED TO, DAMAGES FOR LOSS OF PROFITS, BUSINESS, SAVINGS, DATA OR RECORDS) CAUSED BY THE USE, MISUSE OR INABILITY TO USE THE PRODUCT. EXCEPT AS STATED HEREIN, NO OTHER WARRANTIES SHALL APPLY, NOTWITHSTANDING THE FOREGOINS, CONSUMER'S RECOVERY AGAINST DISTRIBUTOR SHALL NOT EXCEED THE PURCHASE PRICE OF THE PRODUCT SOLD BY DISTRIBUTOR SHALL NOT EXCEED THE PURCHASE PRICE OF THE PRODUCT SOLD BY DISTRIBUTOR SHALL NOT EXCEED THE PURCHASE PRICE OF THE PRODUCT AND IS NOT TRANSFERABLE.

Some countries, states or provinces do not allow the exclusion or limitation of incidental or consequential damages or allow limitations on warranties, so limitation or exclusions may not apply to you. This warranty gives you specific legal rights, and you may have other rights that vary from state to state or province to province. Contact your authorized retailer to determine if another warranty applications.

High Performance Cordless Massager



Instruction Guide MDM1109

Before You Begin...

READ CAREFULLY AND SAVE THIS MANUAL

NOT Intended for Medical Use

This product is designed as a non-professional device to soothe tired and aching muscles. It is not intended to be a substitute for medical attention. If your ailments persist or

Please consult your doctor prior to using this product, if:

- You are pregnant You have a pacemaker
- You have any concerns regarding your health

- THIS IS NOT A TOY, keep away from children and pets.
- Do not use the massager without an attachment installed.
 Do not expose the unit to extreme temperatures (heat or cold), open flames, humid conditions, or wet conditions.
- · Do not submerge in water.
- Do not open this product or attempt to repair the unit yourself should Do not open this product or actempt to repair the daily yoursell should it not be working.
 ONLY use the included power adapter to charge this device.
 When not in use, the massager should be stored in a dry, cool location, away from sources of water or heat.
- It is recommended that the massager be covered and stored if it will not be in use for a long period of time

Additional Precautions & Warnings

- Do not use the massager while it is charging. The massager will not work
- g. the device to the power supply, please ensure that the
- 2. Before connecting the device to the power supply, please ensure that the supply voltage stated on the rating plate is compatible with the unit.
 3. Do not touch any part of the product with wet hands.
 4. Keep away from direct sunlight, heat sources, air conditioners, or fans.
 5. Never leave the appliance operating unattended. Always unplug when not in

- Use.

 6. Never charge or use the massager in a location where it could fall into water,

 7. Do not operate continuously for more than 15 minutes. The massager will

 automatically stop when it has been operating for more than 15 minutes.

 Please let cool for 10 minutes before using again.

 8. Extended use of the product can lead to the product's excessive heating and

 may cause damage to the product, its surroundings, or bodily harm. Should

 this occur, discontinue use and allow the unit to cool before operating.

 9. If smoke or burning smell is detected, immediately unplug the unit is not to

 be used by children or any person(s) with reduced physical, sensory, or mental

 capabilities, or unless they have been given express supervision and

 instruction.
- instruction.

 11. Always unplug the power adapter before maintenance.

Overview

In the Box

- MDM1109 Muscle Massager (x1) ტ
- Vibration Heads (x12)
- Charging Adapter (x1) / • Instruction Manual (x1)
- Control Attach straight out straight Muscle





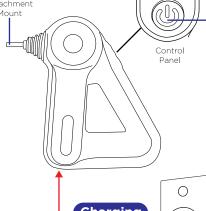


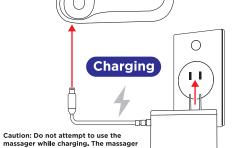


Location of Controls

- 1. Speed Adjust Button 2. Charging LED Indicator
- 3. Mode Change Button 4. Power LED Indicator
- 5. Power ON/OFF Button







Charging the Massager 🗲

 Plug the pin of the included charging adapter into the charging port on the bottom of the massager and plug the adapter into a wall outlet.

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of these names, trademarks, and brands does not imply endorse

2. When charging, the LED indicators on both the adapter and the massager will light up RED.

3. When fully charged, the LED indicators on both the adapter and the massager will turn GREEN.

n I n		Charging	Charged
	Massager LED Indicator		
	Adapter LED Indicator		

Getting Started

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Changing the Vibration Heads

To change attachments, firmly grasp the vibration head and pull straight off of the massager. Replace with a new attachment by aligning the hole on the attachment with the massager's attachment mount, and pressing straight on

Note: Please make sure the attachment is installed securely before using.

Powering ON/OFF (1)

- Press the [o] button on the massager's control panel to power the massager ON/OFF.
- The LED indicator on the massager will light up BLUE when the massager is powered on, and turn OFF when the massager is powered off.

Adjusting the Massager Mode M

• Press the [M] button on the massager's control panel to switch between the 5 modes. A tone will sound when the mode is switched.

Adjusting the Massager Speed
• Press the [100] button on the massager's control panel to switch between the 6 speeds. A tone will sound when the speed is changed.

Using the Massager

- 1. Install the attachment head that best suits your needs. The Attachment Guide below describes the attachments.
- 2. Power ON and adjust the speed and mode of the massager.
- 3. Apply the massager head to your body, and move the massager around the area in a circular motion. Do not use on head or groin area, or used more than 60-90 seconds at a time on a single point of contact. (Note: If the massager is pressed with too much force, it will trigger the massager to temporarily stop working.)
- The massager will slow down and become weak when it is low on battery. Power OFF when finished using the massager, and recharge.



Warning

When using the massager on the neck or lower back area, **be** careful to not apply excessive pressure as these areas can be more sensitive and more susceptible to injury than othe parts of the body.

Attachment Guide



Use to stimulate











Three-Point Head: Suitable for paramassage of large muscle groups, such as front thigh, glutes, inner and other abs. Waist and chest.





almost anywhere: feet calves,

thights, hips,